

# PERSEVERANCE



**Perseverance is persisting with something despite its challenges.**

Write about a time when you demonstrated the character strength of perseverance:

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# GRATITUDE



**Gratitude is being thankful, grateful and showing appreciation.**

Write about a time when you demonstrated the character strength of gratitude:

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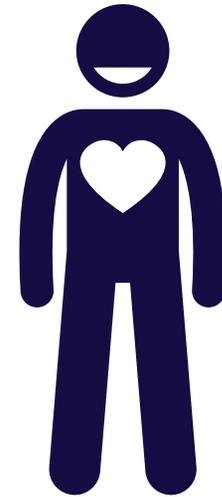
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# KINDESS



**Kindness is being friendly and considerate to others.**

Write about a time when you demonstrated the character strength of kindness:

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# ZEST

**Zest is demonstrating enthusiasm and energy towards a task.**



Write about a time when you demonstrated the character strength of zest:

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# LOVE



**Love is an intense and deep feeling towards something or someone.**

Write about a time when you demonstrated the character strength of love:

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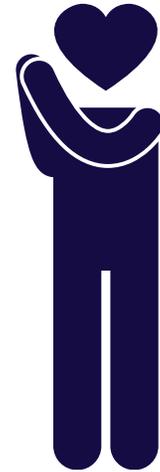
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# LOVE OF LEARNING



**Love of learning is demonstrating motivation and passion towards a task or new skill development.**

Write about a time when you demonstrated the character strength of love of learning:

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# CREATIVITY

**Creativity is demonstrating initiative and new ideas in the creation of something.**



Write about a time when you demonstrated the character strength of creativity:

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# FAIRNESS



**Fairness is demonstrating equal and just actions without favoritism or bias.**

Write about a time when you demonstrated the character strength of fairness:

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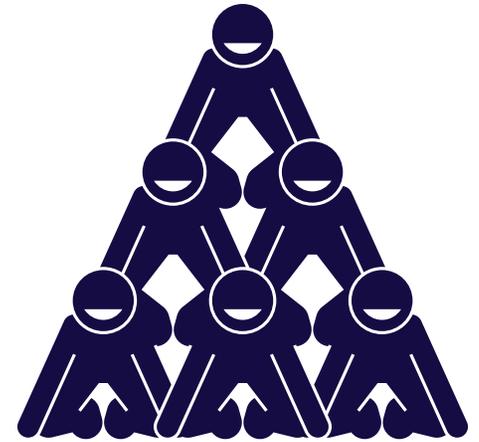
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# TEAMWORK

Teamwork is when a group of people work together to achieve a common goal.



Write about a time when you demonstrated the character strength of teamwork:

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# FORGIVENESS



**Forgiveness is releasing anger and resentment towards someone else.**

Write about a time when you demonstrated the character strength of forgiveness:

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# HOPE



**Hope is having a desire and expectation of something yet to happen.**

Write about a time when you demonstrated the character strength of hope:

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# SPIRITUALITY



**Spirituality is the belief of something greater than human understanding.**

Write about a time when you demonstrated the character strength of spirituality:

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# PERSPECTIVE



**Perspective is having a greater view and attitude towards a situation.**

Write about a time when you demonstrated the character strength of perspective:

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# BRAVERY



**Bravery is displaying courageous behavior.**

Write about a time when you demonstrated the character strength of bravery:

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# JUDGMENT



**Judgment is the ability to make decisions resulting in sensible outcomes.**

Write about a time when you demonstrated the character strength of judgment:

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# CURIOSITY



**Curiosity is demonstrating a strong desire to gain more information about something.**

Write about a time when you demonstrated the character strength of curiosity:

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# HONESTY



**Honesty is being truthful and reliable.**

Write about a time when you demonstrated the character strength of honesty:

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# HUMILITY

**Humility is being modest in one's abilities and achievements.**



Write about a time when you demonstrated the character strength of humility:

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# PRUDENCE



**Prudence is showing caution.**

Write about a time when you demonstrated the character strength of prudence:

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# HUMOR



**Humor is being amusing to others.**

Write about a time when you demonstrated the character strength of humor:

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# LEADERSHIP



**Leadership is rallying others together and leading them towards a shared goal.**

Write about a time when you demonstrated the character strength of leadership:

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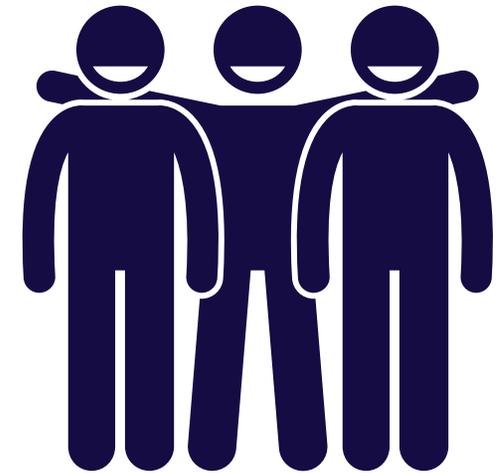
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# SOCIAL INTELLIGENCE



**Social intelligence is understanding of oneself and the feelings of others.**

Write about a time when you demonstrated the character strength of social intelligence:

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# SELF-REGULATION



**Self-regulation is the ability to control your reactions, behavior and feelings towards situations.**

Write about a time when you demonstrated the character strength of self-regulation:

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# APPRECIATION OF BEAUTY

**Appreciation of beauty is admiring beauty around themselves and within others.**



Write about a time when you demonstrated the character strength of appreciation of beauty:

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